



ALL THE DETAILS

# CAREER EXPLORATION *package*

Not sure what you want to be when you grow up?

Are you in a career that isn't a great fit, but you don't know where to go next?

Believe it or not, this is a very normal feeling!

Let's walk through the unknown together and discover what is waiting for you in the next chapter of your career!

## WHAT IT INCLUDES

54-page workbook with pre and post-session activities  
*(both digital and print)*

---

Career coaching journal

---

6 sessions (60 mins) with a career coach

**INVESTMENT: \$1,499**

# SESSION INFORMATION

CAREER EXPLORATION  
*package*

01

## IDENTIFYING MY STRENGTHS

We all bring our own unique set of strengths to the world. Shouldn't we celebrate and focus on those strengths in the workplace? I think so! The CliftonStrengths 34 Report will give us both insight into your unique strength profile.

» [The CliftonStrengths 34 Report](#)

02

## UNDERSTANDING MY VALUE SYSTEM

Every day you interact with the world based on your unique value system. Your value system defines what is most important and what is right/wrong. Shouldn't this be explored in your job search too?

» [Values and Why They Matter](#)



03

## MY PREFERRED CAREER CHARACTERISTICS

What do you like to do? What kind of tasks leave you feeling energized and excited? Let's define and organize the tactical components of work that help you feel the most fulfilled and engaged in the work place.

» [What Are Job Tasks?](#)

04

### MY IDEAL EMPLOYER

Your needs matter. After all, we don't work for free! Let's define what benefits, work schedule, company culture, etc. you need when considering a new role.

» [25 Types of Employee Benefits](#)

05

### INFORMATIONAL INTERVIEWS

Informational interviews are short interviews that help you understand more about a company, career path, or occupation. It's also a great way to expand your professional network and make connections!

» [Learn More About Informational Interviews](#)



06

### PUTTING IT ALL TOGETHER

You should now have a clear vision of what you want in your next role. Now, let's get you there!

» [The Biggest Mistake People Make When Setting Goals for Themselves](#)