

ALL THE DETAILS

# DEFINING LEADERSHIP *package*

Are you ready to define and unleash your unique leadership style? Our six-week transformative coaching program is designed to delve deep into the core elements of leadership, helping you uncover your authentic leadership style and empowering you to lead with confidence, authenticity, and impact. In this program, you'll gain a clear understanding of your leadership potential, honing your skills in strategic thinking, effective communication, decision-making, and fostering a positive and inclusive work culture.

But our program doesn't stop at theory. We believe in practical application and real-world impact. Our coaching program offers personalized attention, action-oriented exercises, and support from our dedicated coaches. They will serve as your trusted guide, providing invaluable insights, honest feedback, and tailored strategies to help you overcome challenges and reach new heights in your leadership journey.

## WHAT IT INCLUDES

42-page workbook with  
pre and post-session  
activities  
*(both digital and print)*

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Career coaching journal

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6 sessions (60 mins)  
with a career coach

**INVESTMENT: \$1,499**

# SESSION INFORMATION

DEFINING LEADERSHIP  
*package*

01

## DEFINING LEADERSHIP

Defining one's own definition of leadership is a deeply personal and evolving journey. It goes beyond the conventional descriptions found in textbooks and theories. True leadership involves active listening, empathy, and adaptability, as it acknowledges that each person brings unique strengths and perspectives to the table. Together we will create a definition of leadership that aligns with you.

» [What is Leadership?](#)

02

## LEADING WITH STRENGTHS

In order to lead effectively, we need to have confidence in our leadership abilities and vision. So many leaders skip this step! This session will be spent focusing on your leadership DNA and defining what areas you are innately skilled in.

» [Great Leaders Have These Common Skills](#)



03

## SHOWING UP AS A LEADER

Showing up as a leader entails being fully present and engaged in both your actions and interactions. Together we will explore ways you have shown up as a leader in the past and create a plan for how you want to show up in the future.

» [How Do You Want To Show Up As A Leader?](#)

# continued: SESSION INFORMATION

DEFINING LEADERSHIP  
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04

## NAVIGATING LEADERSHIP COMPLEXITIES

Your employees are all unique! Based on their skills, level of expertise, maturity, and life stages they will require different levels of development and support. During this session, we will explore how to flex your leadership style to fit both the needs of your team but also the individuals that comprise your team.

» [Navigating Change Initiatives](#)

05

## AVOIDING LEADERSHIP TRAPS

Let's be honest, leading humans can be a messy journey! We all bring our own unique backgrounds, experiences, and world views to the workplace. It's what makes workplaces vibrant, but it can also be a challenge for leaders. In this session we will discuss some of the challenges you are facing as a leader

» [Leadership Challenges](#)



06

## LEADERSHIP IN ACTION

An essential part of growing as a leader is giving plenty of time for reflection and planning. This session will carve out time for you to do both of these things as you prepare to take the next steps in your leadership journey.

» [7 Tips for Designing Leadership Self-Reflection Practice](#)